

North County Martial Arts
7750 El Camino Real Ste. "R"
La Costa, CA 92009



**IMPORTANT
DATES AND
EVENTS:**

**Deadline to
save \$50 per
week for
Summer
Camp**

Ninja Nite 4/17

**Black Belt
Test in L.A. 4/24**

Ninja Nite 5/15

**Studio 5/31
Closed for
Memorial
Day**

NCMA News

APRIL / MAY 2010



From the Desk of Master Jones²

Remember Your First Day?

Remember your first day? Do you remember the benefit you wanted to get from the Martial Arts for your child? These goals are what brought you here to our school. Parents want the very best for their children and that is why you brought your child to NCMA. I know with the busy schedules we keep it becomes easy to lose sight of how important these goals are.

There was a study conducted a few years ago that said, Mountain Climbers who set a goal to climb to the top of the mountain will want to stop ONCE or TWICE before they reach the top. Marathon Runners will want to stop ONCE or TWICE before they make it to the finish line. So it only makes sense that a Martial Artist will want to quit ONCE or TWICE before they reach Black Belt.

The secret of these successful people lies with their success coach. Come to think of it, if kids had it their way they would give up on just about everything worth their while. Eating vegetables, studying, going to school, brushing their teeth, etc. If the going gets tough or if they just don't "feel like it" everything important would fall to the wayside. Parents have a huge support role to play. You are their success coach. We have been working with kids for over 25 years and have witnessed the success rate of the children who had support and encouragement from the people who love them the most.

Martial Arts is more than just some activity kids do after school it builds champions for life. In fact martial arts provides an environment where they develop their physical health and mental strength and character. We call this "The Black Belt Experience" and it is life changing.

"KIDS DON'T QUIT - THEIR PARENTS DO."

At one point you enrolled in martial arts training. NOT your child-you. You wanted to give your child precisely what we do. So why are you going to give up on your child? Remember it takes three people to attain the goal of Black Belt, one is the Martial Arts Instructor, two is the student and three are the parents. And as the parents, you need to guide them and tell them this is non-negotiable. You need to realize this is too important of a goal to give up. Once they see you teaming up with their instructors, they will continue to come and enjoy it.



Seven Stars of Virtue

Courage

*Have confidence
to stand tall and
strong.*

*Stand for justice
and truth.*

*Protect the weak
and less fortunate.*



From the Desk of Master Jones cont'd

I also want to share with you that everyone and I do mean everyone has wanted to stop training at one time or another. When your children list their accomplishments on a resume one day and it says that they have earned a Black Belt this will hold extreme respect for the simple fact that they have the ability to set and ACHIEVE goals. We have promoted hundreds of students to Black Belt and I have yet to have one look back at their parents and say, "now look at what you made me do." The response is quite the opposite as the student is so proud of their achievement they feel they can simply do anything they set out to do. They always thank mom for helping them stick to and accomplish this life-changing goal.

So, please don't give up on your child. Help them achieve their Black Belt. Let them know you will be there supporting and encouraging them but that you will not quit on them, because we won't. We never have and we

Welcome New Students

Stephen Baker

Sharleen Baker

Josh BeDell

Craig Steven

David Benardo

Eric Dutra

Bailey Harris

Tiger Joseph

Matthew Krak

Ella Mubarak

Luca Pedrazzani

Max Pedrazzani

Nick Zarcaro

Parth Desai

Shivam Desai

Jay Stanely

Good Luck!

Senior Red Belt Candidates

Mariyah Shad
John Wright
Liam Wright
Ryan Armstrong
Sean Drennen
Kianna Ajir
Jacob Marmor
Walker Nasser
Spencer Dennis

Black Belt Candidates

Allie Houston
Jonathan Krebs
David Moore
Kirstin Van Zee
Nicholas Soutanian

We would like to wish good luck to the following students who will be participating in the black belt testing on April 24th. These students will be testing for either their senior red belt or black belt. Please keep them in your thoughts.

NCMA Easter Egg Hunt



Ready, Set, Go! The kids patiently posed for a picture before the hunt begins.

On April 27th NCMA held the studio's First Annual Easter Egg Hunt at Stagecoach Park. Fun was had by parents and children alike as kids hunted for more than 600 candy filled eggs while

parents were able to chat and enjoy a cup of coffee and some delicious treats at our breakfast potluck

Thank you to all who participated. We hope you had as great a time as we did. We look forward to making this a yearly tradition.

Please watch your email for information about our May and

June studio family events. We are currently planning some fun events and hope to send out the details shortly.



Dream Team Members Assist In Classes

The Dream Team, our leadership and instructor preparation class, has been meeting Friday afternoons since the beginning of February. With valuable life and leadership skills learned and practiced, Dream Team members can now be found wearing their half black, half white belts while assisting in several classes. We would like to extend heartfelt thanks for their commitment



and assistance to the following Dream Team members who can regularly be found helping out in the studio...Jake Jeremiah, Darren Thierry, Griffen Rangel, Calder Sheagren, Samantha Ryder, Anthony Costello, Liam Wright, and John Wright. If there are any other Dream Team members who would like to assist in a class, please see Ms. Crystal to sign up.



Summer Camp

What could be better than martial arts classes? Summer Camp at North County Martial Arts of course!! Come enjoy NEW martial arts themes like Kung Fu Panda and Self-Defense, a t-shirt, and an awesome field trip, such as Legoland and the San Diego Zoo, each week. Crafts and library trips round out the fun-filled week. For more information, call 760-634-3357 or [click here](#). Don't miss out!





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"Quality Martial Arts Training In A Safe and
Friendly Atmosphere"

North County Martial Arts teaches the traditional martial art of *Tang Soo Do*, a Korean fighting style that encompasses striking techniques and grappling self-defense in a disciplined, ethical environment. Our Carlsbad studio is suited for students of all ages and skill levels, focusing on each student's individual capabilities for martial arts training.



Around the Studio

